



CERTIFIED TEAM COACH (CTC) BROCHURE

AATC

ADVANCED ACCREDITATION
IN TEAM COACHING

ICF

GROATH
Coaching Academy



PROGRAM SUMMARY

This 3-Months Certified Team Coaching Program is designed for certified coaches who want to deepen their skills in team coaching and become experts in facilitating high-impact, transformational team development within organizations. Drawing on ICF's Core and Team Coaching Competencies, this program covers foundational and advanced techniques, frameworks for team dynamics, and practical applications for achieving organizational alignment and resilience. By the end of the program, participants will be fully equipped to coach teams towards greater collaboration, performance, and sustainability.

Cultivate long-term team coaching engagements, access proven frameworks that enable sustainable success, and shift organizations into a new era of value creation for their stakeholders.

Team literacy is now an essential competence for all coaches, team leaders, and HR professionals. There is a vast and growing need for competent team coaches that can only be fulfilled through large-scale, high-quality training.

Team coaching is an experience that allows a team to work towards sustainable results and ongoing development. It is becoming an increasingly important intervention in corporate environments as high team performance requires aligning toward goals, remaining innovative, and adapting quickly to internal and external changes. Team coaching exists under this umbrella of team development.



WHO SHOULD ATTEND?

THIS PROGRAM IS IDEAL FOR:



Coaches: Expanding their coaching toolkit to include team coaching competencies and techniques.

Consultants: Offering tailored solutions to improve teamwork, innovation, and collaboration across diverse teams.



Managers: Build high-performing teams by fostering collaboration and addressing team dynamics effectively.



Team Leaders: Gaining skills to resolve conflicts, enhancing communication, and creating a culture of trust and accountability.



HR Professionals: Equipping them with advanced strategies to support team development, team engagement and effectiveness



BENEFITS OF ATTENDING

- ▶ **Master Team Coaching Competencies**
Understand and apply the ICF Core Competencies specifically tailored for team coaching.
Learn how to effectively coach teams while balancing individual and collective dynamics.
- ▶ **Facilitate Team Alignment and Goals**
Equip teams to define shared goals, vision, and purpose, ensuring alignment with organizational objectives.
Support teams in identifying and leveraging their strengths to maximize performance.
- ▶ **Develop Skills for Managing Team Dynamics**
Gain expertise in addressing complex interpersonal relationships, conflicts, and communication challenges within teams.
Learn to build trust, foster collaboration, and create a psychologically safe environment for teams.
- ▶ **Utilize Advanced Tools and Techniques**
Master frameworks, assessments, and methodologies for evaluating team effectiveness and diagnosing areas for improvement.
Learn to create actionable plans for long-term team development and success.
- ▶ **Support Teams Through Transformation**
Facilitate teams in navigating change, ambiguity, and evolving organizational landscapes.
Build team resilience and adaptability in the face of challenges.
- ▶ **Apply Ethical and Professional Practices**
Adhere to ICF standards and ethics in team coaching, ensuring professionalism and integrity.
Understand the boundaries and limitations of team coaching, distinguishing it from consulting and other disciplines.
- ▶ **Measure and Evaluate Coaching Impact**
Develop strategies to assess team progress, measure outcomes, and showcase ROI to stakeholders.
Use reflective practices to continuously improve your team coaching approach.

MODULES



Module 1: Foundations of Advanced Team Coaching

- Establish foundational knowledge for advanced team coaching.
- Understand team development stages and systems thinking in coaching contexts.

Module 2: Building Psychological Safety and Trust in Teams

- Foster a psychologically safe environment to build trust within teams.
- Create and establish norms that support open communication and engagement.

Module 3: Advanced Communication and Facilitation Skills

- Enhance facilitation skills and apply advanced communication techniques.
- Learn to navigate complex conversations and practice active listening.

Module 4: Conflict Resolution and Navigating Group Dynamics

- Identify and manage conflicts within teams effectively.
- Apply resolution models to navigate diverse team dynamics.

MODULES



Module 5: Alignment and Goal Setting for Team Performance

Guide teams in creating shared visions and aligning objectives.

- Use goal-setting frameworks to ensure measurable outcomes.

Module 6: Measuring Impact and Sustainable Change in Team Coaching

- Develop KPIs for measuring team progress and success.
- Implement sustainable strategies to maintain growth post-coaching.

Module 7: Advanced Team Coaching Competencies- Extended from ICF's Core Competencies

- Engage in supervised team coaching practice to apply learned skills.
- Reflect on feedback and refine personal coaching techniques.

Module 8: Certification Review and Final Assessment

- Review core competencies and concepts covered in the program.
- - Complete the final assessment and plan next steps for growth.





DURATION:

Virtual: 3 Months
(70 Training Hours) Every
Monday and Wednesday
from 6 to 9 Pm starting
April 28, 2025



ABOUT US:

Growth Coaching Academy (GCA), an ICF Approved Coaching Education, is at the forefront of empowering professionals with the essential soft skills needed in today's fast-paced work environment. Our mission is to unlock the potential within each employee and manager, fostering an atmosphere of growth, efficiency, and enhanced interpersonal dynamics. Specializing in a wide array of soft skills training, we equip your team with the tools necessary for impactful leadership, effective communication, peak performance, compelling presentation skills, among others.

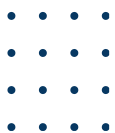


OUR Faculty

Leadership & Performance Coach

Randa Karime is the founder of Groath Coaching Academy (GCA). She is a Master Certified Coach (MCC) and an Advanced Certified Team Coach (ACTC) and a Mentor Coach with extensive experience in Coaching, Training, Mentoring and Consulting. She specializes in Leadership, Performance and career coaching where she supports her clients during their strategic career transition, and partners with them throughout their career development journey by motivating them to reach their highest potential and holding them accountable to attain their desired goals.

She has more than 22 years of experience in the HR field where she occupied the position of HR Manager in various reputable organizations across the Levant & GCC where she was able to support many individuals to develop their job descriptions, career paths and enhance their performance levels.





OUR Faculty

Self- Development Coach

Tanya Hamdan is a Professional Certified Coach (PCC) with 8 years of coaching experience and is the Global director of training in Growth Coaching Academy (GCA). She centered her career in supporting individuals and parents as well, ,to find their purpose, reach their goals, unlock their potentials and live a life full of fulfillment and inner-peace.

Tanya has over a decade of experience as the Head of Customer Service, developing her skills in relationship-building, impactful communication, and team leadership and engagement.

Her coaching journey began in 2018 with her initial certification, then by specializing in NLP and training for parents of special needs children.





CONTACT INFORMATION

For registration and In-House training:

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