

PROFESSIONAL CERTIFICATION PROGRAM

# Certified Leader Coach



Learn to coach leaders toward greater self-awareness, stronger decision-making, and lasting influence — using evidence-based leadership coaching models and real coaching practice.

**1 MONTH**

Total duration

**ONCE A WEEK**

3 hours / session

**12 HOURS**

Total live training

**3 HOURS**

Self-Paced

*Rather than teaching leadership as theory, participants learn to coach leaders to develop it — through reflective conversation, self-awareness, behavioural change, and sustainable action.*

**Certified Leader Coach (CLEC™) — issued upon completion**

## What You Will Learn

- Explain the principles and dimensions of leadership coaching
- Coach leaders to increase self-awareness
- Strengthen decision-making, communication, and relationship effectiveness
- Facilitate transformational coaching conversations
- Differentiate leadership coaching from mentoring, consulting, and training
- Help leaders navigate change and respond intentionally under pressure
- Apply leadership coaching to career, team, and organizational growth
- Conduct full leadership coaching sessions aligned with coaching ethics

## 4-Week Schedule — One Live Session Per Week

*Total: 12 hours across 4 weekly 3-hour sessions*

1

### WEEK 1

3 HOURS

#### Foundations of Leadership Coaching

The coach mindset, ethics & boundaries, coaching models (AID, Leadership Wheel), coaching vs. training

2

### WEEK 2

3 HOURS

#### Coaching Leadership Effectiveness

Emotional intelligence in leadership, executive presence, difficult conversations, accountability coaching

3

### WEEK 3

3 HOURS

#### Coaching Leaders Through Growth & Change

Resilience, strategic thinking, delegation, empowering high-potential leaders

4

### WEEK 4

3 HOURS

#### Leadership Coaching Integration & Certification

Integrating models, coaching presence & ethics, live practice with faculty & peer feedback

## How You are Assessed

### Live Coaching Demonstration

30-minute observed leadership coaching session



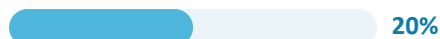
### Knowledge Assessment

Principles, ethics, models & leadership concepts — 70% pass mark



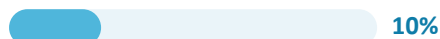
### Leadership Coaching Case Study

Design a coaching approach for a real leadership scenario



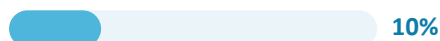
### Reflective Learning Journal

Personal growth & application insights



### Peer Coaching Feedback

Structured observation of peers' sessions



## Certification Requirements

- ✓ Attend and complete all 4 live sessions (12 hours)
- ✓ Complete all coaching practice activities
- ✓ Complete the reflective learning journal
- ✓ Achieve at least 70% on the knowledge assessment
- ✓ Submit the leadership coaching case study
- ✓ Demonstrate coaching competence in the observed live session

## Highlights of Practical Coaching Exercises

### Self-Assessment

Map your own leadership strengths and growth areas

### Decision Mapping

Identify decision patterns, biases, and alternative approaches

### Influence Coaching Lab

Practice deep listening and coaching without giving advice

### Growth Plan

Design a 6-month personal leadership development plan

## Ready to become a Certified Leader Coach?

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